Youth Sports Information

Active After-School

Active After-School is a fun, games based introduction to sports. It is open to 5-12 year olds and we do our best to incorporate something for all skill levels.

The program is a national initiative that provides primary school-aged children with access to free sport and other structured physical activity programs in the after-school time slot. V Swans will be co-ordinating and leading the program here in Onslow, which not only provides afternoon activities, but also a healthy snack for the participants.

Parents are encouraged to come, watch, visit, and engage in the session. This is a great way to watch your child’s motor and social development skills grow. Please note that we will watch your child to the absolute best of our ability; to the duty of care; as well as practice and encourage positive behaviour throughout our instruction - however it needs to be emphasised that we can only be responsible for your child while they are under our supervision inside the facility or area of play.

We will be running the Active After-School Schedule for all primary aged students from 2:45pm – 3:45 pm each Monday, Tuesday and Wednesday at the MPC.

Thursday for Upper Primary and High School

Please be aware that Thursday’s activities will be held for Upper Primary and High School aged youth. Games and sessions will be split (either by gender or age) when numbers permit. This is a great time for these students to step up their game and bridge the skill gap between youth sports and adult sports. This session will focus on team competition and will require emotional maturity to work together. Please note that because the session is for the Upper Primary and High School age group, those younger will not be included in the Thursday session – and will need to be supervised if they wish to attend to watch. The purpose of the separation is for the development of the older participants and the safety of the younger ones.

There will be times throughout the year where programs have to be cancelled, in this instance children will be notified the day prior at the session as well as over the intercom at school. Sorry for any inconvenience.

For more information or questions, please contact us on the details below.

Thank You,

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