Dear Parents, Guardians and Caregivers,

School Zone

Kindly adhere to the 40km per hour limit during the times 7:30—9:00 and 2:00—3:30 for the school zone. We have a number of students walking or riding to and from school and would like to ensure that they are able to do this safely. Should you notice someone not adhering to the speed limit please take note of their details and notify the police.

Voluntary Contributions and Charges

Parents are strongly encouraged to pay the school’s contributions and charges for their child/children. These funds are used to support curriculum provision to the students in the school. Contribution and Charges for 2016 can be found on the next page, payable to the office.

Student Desks

We have a range of student desks and office chairs available for a small donation. Desks and office chairs will be available from the Administration car park next week from 8:00 am Monday through to Friday. First come first served.

Shoes

As we all know the weather at this time of the year is very hot. I ask that all students wear shoes to school, particularly covered shoes to ensure their feet are protected from the heat and hot ground.

School Council

The School Council AGM is being held this term, a date will be forwarded once decided by the current School Council and announced after the final meeting on the 3rd of March. The role of the School Council is outlined on the next page and I encourage you to nominate for this committee. Parents, Guardians and Community will be notified when nomination forms are available.

Jackie Barry
Principal
Onslow PS
Role of School Council

The council or board has the following functions, as stipulated in the School Education Act 1999, School Education Regulations 2000, associated delegations and, if incorporated, the Associations Incorporation Act 1987:

1 to take part in:
   a) establishing and reviewing from time to time, the school’s objectives, priorities and general policy directions;
   b) the planning of financial arrangements necessary to fund those objectives, priorities and directions;
   c) evaluating the school’s performance in achieving them; and
   d) formulating codes of conduct for students at the school;

2 to determine in consultation with students, their parents and staff a dress code for students when they are attending or representing the school;

3 to promote the school in the community;

4 to approve:
   a) charges and contributions for the provision of certain materials, services and facilities;
   b) extra cost optional components of educational programmes;
   c) items to be supplied by a student for use in an educational programme; and
   d) any agreements or arrangements for advertising or sponsorship in relation to the school;

5 to provide advice to the principal of the school on:
   a) a general policy concerning the use in school activities of prayers, songs and material based on religious, spiritual or moral values being used in a school activity as part of religious education; and
   b) the implementation of special religious education;

6 with the approval of the Minister, or the Minister’s delegate the Director General, or sub-delegates the Deputy Director General, Schools or Regional Executive Directors for government schools in their regions to:
   a) take part in the selection of, but not the appointment of, the school principal or any other member of the teaching staff.

The School Council or School Board cannot:

1 intervene in the educational instruction of students;
2 exercise authority over teaching staff or other persons employed at the school;
3 control or manage the school unless the intervention is by way of performing a function prescribed for incorporated councils or boards (see section 3.3- Incorporated councils or boards); or
4 intervene in the management or operation of a school fund.
School Contributions and Charges for 2016

The Onslow School Council has endorsed the schedule of Contributions and Charges for 2016.

The total amount of voluntary contributions parents and carers are being asked to pay has been contained within the $60.00 per primary student and $235.00 per secondary student maximum set in the School Education Regulations 2000.

Money collected will be used to supplement school expenditure in the areas listed below. While contributions are voluntary, the quality of our teaching and learning program will be maximised when each family makes its contribution to the cost of supplementing funding gained from other sources, including the State and Commonwealth governments. Contributions will be accepted from the beginning of the new school year (2016).

<table>
<thead>
<tr>
<th>Category</th>
<th>Primary K to Yr. 6</th>
<th>Secondary Yr. 7 to Yr. 12</th>
</tr>
</thead>
<tbody>
<tr>
<td>Supplementary Art Supplies</td>
<td>$15</td>
<td>$15</td>
</tr>
<tr>
<td>Supplementary Sports Supplies</td>
<td>$15</td>
<td>$50</td>
</tr>
<tr>
<td>Classroom Activities e.g.: Camps</td>
<td>$15</td>
<td>$150</td>
</tr>
<tr>
<td>Sunscreen</td>
<td>$15</td>
<td>$20</td>
</tr>
<tr>
<td>Total contribution per student</td>
<td>$60</td>
<td>$235</td>
</tr>
</tbody>
</table>

Active Education at Onslow Primary School

Shooting Goals

This year Shooting Goals (Ashburton) has more enrolments than ever before. The Shooting Goals program supports students from Years 7 – 12 to achieve a Certificate II in Sport & Recreation. The program combines a mix of theory & physical training sessions to create a highly engaging learning environment. In 2016 Shooting Goals students will take part in two high performance training days at the Karribo Leisureplex and have additional opportunities to take part in V Swans Carnivals across the Pilbara region.

Youth Sports

This week over 86 children from Onslow have joined V Swans for Youth Sports. This program is part of the Sporting Schools Initiative and provides local children with access to sporting activities after school four days a week. Sporting Schools is Australia’s largest school-based sports participation programme and aims to help children foster a lifelong interest in sport and physical activity.

For more information, please contact:
Sarah Wright
V Swans Active Education Regional Manager Ashburton
0418 665 319 swright@vswans.com.au

Kaiden Matera
V Swans Active Education Development Manager
0400 389 518 kmatera@vswans.com.au

New V Swans Employee – Kaiden Matera

The team at V Swans would like to welcome Kaiden Matera as Active Education Development Manager for the Ashburton region.

Kaiden’s Aboriginal connection is through his family. His mother is non-aboriginal and of Italian heritage. Throughout his life, Kaiden has been lucky enough to see both the indigenous heritage of his family, visiting his family home in Western Australia and having his grandmother live with him and his family in Melbourne. He has also travelled to India with Mary and Floyd his Grandparents to see their home town of Wapi where his grandmother lived.

Kaiden’s sporting background includes being selected in the State School’s side for Western Australia in 2010, State Amateur selection in 2011 in the under 21 competition. He also played State level football for South Fremantle in the WAFL, and was awarded a Gold Medal at the WAFL reserves competition in 2013 with 50 goals for the year in just 10 games. Kaiden won 2 Champion Key awards whilst in Year 11 and 12 at WAFL Fremantle and a Leading Goal Scorer award there also.

Kaiden has completed a Bachelor degree in Commerce Majoringle Sports Management and had a variety of hands on experiences with community development projects in Wiluna, Meekatharra & Boy Ging Rock. V Swans believe that Kaiden will be a great fit to the team in Onslow and are excited to have him on board for 2016 and the future.
Student Health
Ear Health (Otitis Media)
Otitis Media – What is it?
The name Otitis media comes from the Greek word Otitis which means inflammation of the ear, and the Latin word Media which means middle. In recent years otitis media has been recognised as one of the major health problems faced by young children. It may affect infants from a few days old, through to their teenage years and sometimes beyond. The presence of otitis media can seriously reduce a child’s ability to hear clearly. This reduction is sometimes called Conductive Hearing Loss. Conductive Hearing Loss due to otitis media may last for as little as a day or two, or up to three months or longer. Conductive hearing loss is a fluctuating loss. Children may have normal hearing one day and a conductive loss the next.

Causes of Otitis Media
Colds, flus, large adenoids or tonsils and allergies can all cause blockages of the Eustachian tube (tube leading to middle ear). This blockage may lead to one of the three types of otitis media:

- Acute otitis media – an infection of the middle ear caused by bacteria or viral infection;
- Chronic otitis media – a persistent infection of the middle ear;
- Chronic suppuratives otitis media – serious and persistent infection of the middle ear, often accompanied by discharge from the ear.

Ear health is extremely important and can affect a child’s behaviour and academic outcomes. Preventative measures help to ensure our students ears remain healthy.

At Onslow Primary School our key preventative measure for ear health is Daily Fitness which is run at the start of every day. These sessions comprise of the following components:

Breathe, Blow, Cough, Exercises; which are:
1. Empty Your Nose – Students sit down with tissues. They take a deep breath through their mouth before blowing their nose. Close mouth and then blow through each nostril in turn.
2. Check that your nose is empty – Close one nostril with finger and blow. If it is empty only air will come out. If not, blow nose again.
3. Pop your ears (Val Salva) – Hold nose tightly closed. Take a deep breath through your mouth, close mouth and blow. If the Eustachian tube is blocked, there will be a build-up of pressure until it releases with a ‘pop’.

One Tree Onslow
Early Learning Centre
We have vacancies in Child Care!
Long Day Care: After School Care: Vacation Care
Providing education & care for children aged 6 weeks - 12 years
Monday – Friday 8:00 am – 4:30pm
ENROLMENTS OR INQUIRIES CALL 1800 919 995

Operating Hours:
Long day care - 8:00am – 4:30pm
Out of School Care - 2:30pm - 4:30pm
Vacation Care - 8:00am - 4:30pm
Fees: Half day rates and Full day rates are available.
Please Contact our friendly Director Kelly for your FREE Two day Trial

CSSU ONSLOW EARLY EDUCATION CENTRE
Located in the Multi-Purpose Facility, McGrath Ave, Onslow
Postal Address: PO BOX 274, Onslow, 6710
Phone: (08) 9184 6093
Mobile: 0499 799 939
Email: onslowelc@onetree.org.au
4. **Empty your chest** – take five deep breaths. Breathe air through your nose or mouth. Put your hand over your mouth and do two strong coughs, to get any rubbish out.

5. **Exercise** – the students jog two laps of the upper school area and then complete some exercises. Exercises chosen have an aerobic value, elements of postural drainage and full lung-rib extensions. The exercises are concluded by several stretches.

**Conclusion** – the students sit down with tissues. Everyone takes five breaths, two coughs, blows their nose, check its empty, and pop ears.

The above process helps keep the child’s airways clear thus reducing the opportunity for ear infection and the development of otitis media.

At the end of the session the opportunity to speak with the students is taken and any daily announcements made and birthdays recognised.

The school is also supported by the Telethon Speech and Hearing Bus which visits the school once a term. The ear bus is then able to screen all the students hearing and take photographs of their ear drums.

**Skin Care**

- No Hat, No Play
- Sunscreen
- Staying Hydrated

**Physical Education**

Department of Education mandates that all students complete a minimum of 2 hours per week.

Health Care plans are created and implemented for students with acute needs such as anaphylaxis and asthma. We ask all parents to keep the school informed of your child’s health care needs.
Attendance Awards:

Kada Hayes
Thomas Herbert
Chloe Rudd
Menzie Lee Travell
Jasmin Lockie
Saxon Dawe
Cassius Hayes
Matthew Thomas

ONSWOL Sports Club

Wednesday 24 February 2016 from 12.30pm to 4.00pm
Thursday 25 February 2016 from 8.30am to 4.00pm

WHO WILL BE AT THE OPEN DAY

- Registry of Births, Deaths and Marriages – Need identification? Want to check if you and your children’s births are registered? Register births! Get your Birth Certificate!
  Birth Registrations Free *Birth, Death or Marriage Certificates $47.00 *Change of Name $165.00
- Sheriff/CDO – For queries on fines, time-to-pay arrangements and community based orders.
- Department of Transport – Apply for driver’s licence, sit your theory test, do your practical driving test, apply for WA Photo (ID) Card, renew and transfer car registrations, hand in number plates, find out if you have lost your licence or are under suspension and other information about licensing services.
- Centrelink – Income support issues, family benefits, pensions and make arrangements to pay your fine off, Centrepay and apply for Tax File Numbers and Medicare Cards.
- Red Dirt Driving Academy

If you want to apply for WA Photo Card or do licensing business it is IMPORTANT to bring along as much ID as you can:

- Birth Certificate
- EFTPOS/Credit Card
- Medicare Card
- Centrelink Card
- Proof of Age Card/WA Photo Card
- WA Construction Card
- WA Firearms Licence
- Working with Children Card
- Bank statement, any official letter or bill from a Government agency or current employer with your residential address and is no more than six (6) months old.

*Payment ($$$) to pay for Birth Certificates, WA Photo Cards, Learner Permits and Driver Licences
*BSB Number and Bank Account Number for payment arrangements for fines
Onslow Performing Arts Academy

Who: Students age 4–17
Where: Onslow MPC
What: FREE DRAMA LESSONS
When: February 26th - February 28th

4-6's: Friday (2:30pm-3:30pm)
Sat & Sunday (9:00am-11:00am)
7-9's: Friday (3:30pm-4:30pm)
Sat & Sun (11:30am-1:30pm)
10-17's: Friday (4:30pm-6:00pm)
Sat & Sun 2:30pm-4:30pm
Performance Sunday at 6:00pm!

Never performed before? Come and Learn!
Bring your parent or guardian so they can fill out a registration form.
To register or for information contact Ariana at:
Ariana@iffoundation.org.au / 0417 840 059

This is a FREE Program Thanks to Our Sponsors

Contact Us
PO Box 209 Bassendean, WA 6054
info@iffoundation.org.au

Certificate Winners

Kindergarten
Stephen Dawe
Jaala Brett

Early Childhood 1
Kaea Ahuriri
Delayla Dowton

Upper Primary 1
Hunter Wright
Traceilyah Parker

Secondary
Mitch Rayner
Jericho Enciso

Pre Primary
Daniel Macdonald
Matthew Thomas

Early Childhood 2
Kobi Ward
Amylia Macdonald

Upper Primary 2
Crawford Elliott
Ash Robinson

PBS Awards:
Connor Craig
Jasmin Lockie

Attendance Awards:
Kada Hayes
Thomas Herbert
Chloe Rudd

Menzie-Travell
Jasmin Lockie
Saxon Dawe

Cassius Hayes

Another initiative by the IF Foundation.
CONSTRUCTION WORK TO BE CARRIED OUT AROUND THE SCHOOL GROUNDS
Main roads would like to advise that construction of 2 new car parks will commence at Onslow Primary school.
Construction will commence Monday 22nd February 2016 and expected completion May 2016.
McRae Place car park and the entrance to bike racks past the LOTE and ART building will be closed during this time; Clarke Place will remain open but work will be carried out on the school grounds between the Canteen and the Kindy block.
Parents are advised that students who walk or ride to school around this area to take alternative routes.
Parking is available at the old TAFE grounds off Third Avenue.